



PRE-K/TODDLER SCHOOL MENU



BREAKFAST & LUNCH INCLUDES: ASSORTED FRUIT, VEGETABLES, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & 1% WHITE MILK
SNACKS ARE PROVIDED TO FULL-DAY STUDENTS & ALWAYS SERVED WITH 1% WHITE MILK

WEEK 1
WEEK 2
WEEK 1
WEEK 2
WEEK 1

MON	TUE	WED	THU	FRI
ALL ITEMS ARE PLANT-BASED ON WEDNESDAYS				
DEC 30 BREAKFAST Honey Cheerios LUNCH Ham & Cheese Anytimer SNACK Strawberry Waffle Graham	DEC 31 WINTER RECESS 12/31	1 HAPPY new YEAR WINTER RECESS 1/1	2 BREAKFAST Blueberry Muffin LUNCH Grape Sunbutter Sandwich SNACK Colors Goldfish	3 BREAKFAST Trix Cereal LUNCH Turkey & Cheese Anytimer SNACK Emoji Grahams
6 BREAKFAST Honey Cheerios LUNCH Bean & Cheese Pupusa SNACK Strawberry Waffle Graham	7 BREAKFAST French Toast Bites 🍷 LUNCH Bean & Cheese Empanada SNACK Heart Pretzels	8 BREAKFAST Trix Cereal LUNCH Kickin' Sandwich SNACK Savory Crackers, 1oz.	9 BREAKFAST Apple Cinnamon Bread 🍷 LUNCH Nachos w/ Cheez Its 🍷 SNACK Colors Goldfish	10 BREAKFAST Chocolate Chip Muffin Top 🍷 LUNCH Teriyaki Chicken & Rice Bowl 🍷 SNACK Emoji Grahams
13 BREAKFAST Honey Cheerios, 1oz LUNCH Mac & Cheese Dinner Roll SNACK Strawberry Waffle Graham	14 BREAKFAST Pancakes Bites 🍷 LUNCH Grilled Cheese Sandwich SNACK Heart Pretzels	15 BREAKFAST French Toast Sticks LUNCH Kickin' Nuggets w/ Corn 🍷 SNACK Savory Crackers, 1oz.	16 BREAKFAST Banana Choc. Chip Bread 🍷 LUNCH Italian Pull-Aparts with Cheese SNACK Colors Goldfish	17 BREAKFAST Egg Scramble w/ Roll LUNCH Hamburger 🍷 SNACK Emoji Grahams
20  MLK DAY 1/20	21 BREAKFAST Honey Cheerios LUNCH Bean & Cheese Pupusa SNACK Strawberry Waffle Graham	22 BREAKFAST Trix Cereal LUNCH Kickin' Sandwich SNACK Savory Crackers, 1oz.	23 BREAKFAST Apple Cinnamon Bread 🍷 LUNCH Nachos w/ Cheez Its 🍷 SNACK Colors Goldfish	24 BREAKFAST Chocolate Chip Muffin Top 🍷 LUNCH Teriyaki Chicken & Rice Bowl 🍷 SNACK Emoji Grahams
27 BREAKFAST Honey Cheerios, 1oz LUNCH Mac & Cheese Dinner Roll SNACK Strawberry Waffle Graham	28 BREAKFAST Pancakes Bites 🍷 LUNCH Grilled Cheese Sandwich SNACK Heart Pretzels	29 BREAKFAST Trix Cereal, 1oz LUNCH Kickin' Nuggets w/ Corn 🍷 SNACK Savory Crackers, 1oz.	30 BREAKFAST Banana Choc. Chip Bread 🍷 LUNCH Italian Pull-Aparts with Cheese SNACK Colors Goldfish	31 BREAKFAST Egg Scramble w/ Roll LUNCH Hamburger 🍷 SNACK Emoji Grahams



SAUSD SUPPORTS LOCAL CALIFORNIA FAMILY FARMS. SELECT DAYS WILL FEATURE FARM FRESH PRODUCE.



click here



scan here

*All cereals are Reduced Sugar: ≤6 grams



Menu is subject to change without notice. This institute is an equal opportunity provider.